



Five Star Senior Center to Benton Park on the Ten Toes Express

TOTAL WALK DISTANCE: 1.25 miles or .4 mile

Five Star Center is located on the route of MetroBus #30 Soulard which takes you east to Benton Park or west to Tower Grove Park. For more exercise you can walk all the way to Benton Park by staying on Arsenal St. Benton Park, (formerly a cemetery), is named for Thomas Hart Benton, Missouri's first senator 1820 - 50. The monument in the park honors Friederich Hecker, a German-American hero for the Union in the Civil War.

Directions:

- Walk east on Arsenal five blocks to Jefferson Avenue.
- Cross Jefferson to continue alongside the park for four blocks.
- Turn right on Illinois Avenue at the east edge of the park. Several beautifully restored homes face this quiet street.
- Turn right on Wyoming Street at the corner of the park.
- Walk halfway alongside the park then turn right to enter the park. The Hecker monument is on a hill to your right.
- Walk through the middle of the park, keeping the lake on your right.
- Exit the park on Arsenal St. opposite Missouri Avenue.
- Turn left on Arsenal to return to the Center.
- To increase your steps: explore other paths in the park.

For a Short Walk:

- Take #30 going east to Missouri Ave. Walk around and through the eastern side of the park.
- Reboard the #30 going west at Missouri.

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