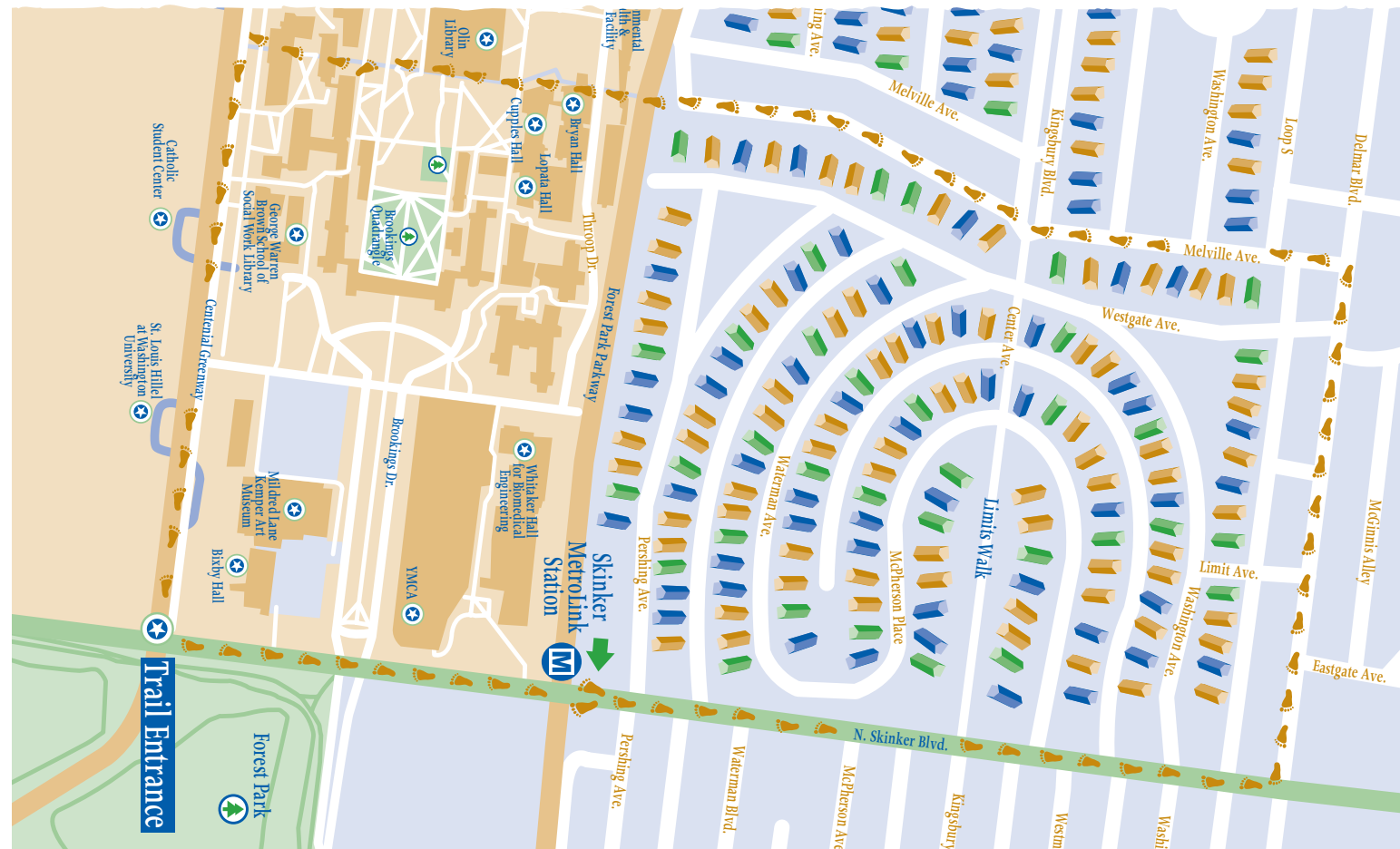


## Centennial Greenway



Distance to Trail: .2 mile

Great Rivers Greenway completed this trail in 2011. The trail extends from Skinker and Forsyth at Forest Park and heads west. From there, the trail meanders through the Washington University Campus, passing by the Olin Library and connecting to the Forest Park Parkway pedestrian bridge. The trail continues on the north side of Forest Park Parkway up Kingsbury to Delmar, where you will find a pedestrian plaza with a life size statue of the world famous Father of Rock & Roll, Chuck Berry. Take a moment to read the new Chuck Berry sign to learn more about this St. Louis legend. Beyond the plaza, the trail continues north along Ackert Walkway if you would like to extend your walk.

### Directions:

- Take the MetroLink to the Skinker Station. Head south on Skinker Blvd, toward Forest Park.
- Cross Skinker at Forsyth Blvd, heading west toward campus and away from the park.
- Turn right onto campus through the Arches of the Psychology Building.
- Walk past the Olin Library and continue heading north onto Ackert Walkway.
- Ackert walkway crosses Forest Park Parkway on the footbridge and turns into Melville Avenue.
- Turn right on Delmar.
- Turn right at Skinker.
- Arrive at Skinker Station at Forest Park Parkway.

### Sites along the way

- Extensive Dining and Retail shops along Delmar, The Loop Trolley Route, Washington University's Mixed Use Development including an international grocery store and an all night diner, Washington University's Danforth Campus & Olin Library



## North Riverfront Trail

Distance to Trail: .8 mile

The Riverfront Trail is an eleven mile trail which follows the Mississippi River starting at Biddle Street and heading north. The trail terminates at the Old Chain of Rocks Bridge, part of the legendary Route 66. The trail passes through the Mary Meachum Freedom Crossing, North Riverfront Park and over Maline Creek.

### Directions:

- Board MetroLink to the Arch/Laclede's Landing Station
- Exit the MetroLink station to the east, heading toward the river.
- Turn left onto 1st Street
- Turn right onto Ashley. Continue on the North Riverfront Trail
- Re-trace your steps to the Arch/Laclede's Landing MetroLink Station
- Or pass N 1st Street and turn left on N 2nd for a slightly longer walk and to see new sites along the way.

Total Length of the Trail: 10.8 miles

- Best for: Biking, Walking & Running, MetroLink Accessible, Restrooms

### Walk Highlights:

- Lovely original brick streets.
- Old Spaghetti Factory – formerly the Missouri Hotel where black refugees were temporarily housed during the Civil War.
- Sligo Steel Company building was the oldest steel company west of the Mississippi when running.
- Ashley Street Power House, constructed in 1902, it was the first large electrical power plant to be erected by the Union Electric Company.
- The Laclede Power Building.
- The area between 2nd and 3rd Streets where a safe room on the Underground Railroad was located.



# Find your way to Great Rivers Greenway Trails from MetroLink CMT's Ten Toes Express Hits The Trails with Transit!



To register for CMT's Ten Toes Express Program and find maps to the trails, visit: [tentoes.cmt-stl.org](http://tentoes.cmt-stl.org).



# Shaw Park to Olive on Centennial Greenway

Distance to Trail: .5 miles to Greenway

On this walk, walkers will pass through Clayton's business district to get from the MetroLink to Shaw Park in Clayton. Once in Shaw Park, walkers will enjoy a rolling, grassy landscape and will pass by the Shaw Park Pool, a Sensory Garden, the Enterprise Holdings Pavilion, ball parks and more. On the trail, walkers will enjoy a nice walk landscaped with tall grasses and flowers.

The impact the Centennial Greenway trail has had in the region is evidenced in its use by nearby residents. Residents with limited commuting options are now able to reach nearby services and amenities using the trail. It is not unusual to see senior citizens from a nearby residential center or other residents pushing grocery carts along the greenway to pick up their groceries at the Ladue Crossing Shopping Center while enjoying nature along the way.

### Directions:

- Take MetroLink to the Clayton Station
- Take the footbridge across Forest Park Parkway
- Walk north to exit the Metro Grounds
- Walk left at Bonhomme Ave. till you cross Brentwood Blvd. and enter the park.
- Walk between the Shaw Park Ice Rink and the Pool and take the pathway headed toward the southwest corner of the park where the Centennial Greenway begins.

### Highlights

- Shaw Park Pool and Ice Rink
- A pavilion, public bathrooms, playground, and area for outdoor exercise along the sidewalk in the park.
- A Sensory Garden
- At the top of the Shaw Park parking lot, there are large containers filled with compost that is available for citizens to pick up and use.



# Wayne Goode Trail on St. Vincent Greenway

Distance to Trail: .5 miles from the UMSL North Station

### Directions:

- Take MetroLink to the UMSL North MetroLink Station. Walk west toward campus, walk past the Police Station.
- Walk west through the parking lot toward the Millennium Student Center, it's the big building on the right at the end of the parking lot.
- The trail entrance is just past the walkway to the Student Center. The path has a grey asphalt center, with a light concrete boarder.
- Walk past the Student Center, keeping the Center on your right, toward a pond with a statue of Wayne Goode wearing a t-shirt.
- Veer left at the pond, the pond will stay to your right.
- Veer left again at the JC Penny Building, walk around the building and follow the path to the University and Grobman Drive intersection.
- Following University Drive, cross Grobman and head toward Natural Bridge Road. You are on the right path if you see red brick inlays along the sidewalk that say UMSL with the GRG logo in them.
- Cross Natural Bridge Road and veer left. You will see the official GRG trail entrance sign from there. You can then follow the trail as long as you like.
- To return home, retrace your steps or map out a route to the UMSL South MetroLink Station.

Total Length of the Trail: Wayne Goode Trail 4.3 miles, St. Vincent Greenway Trail 2.3 miles

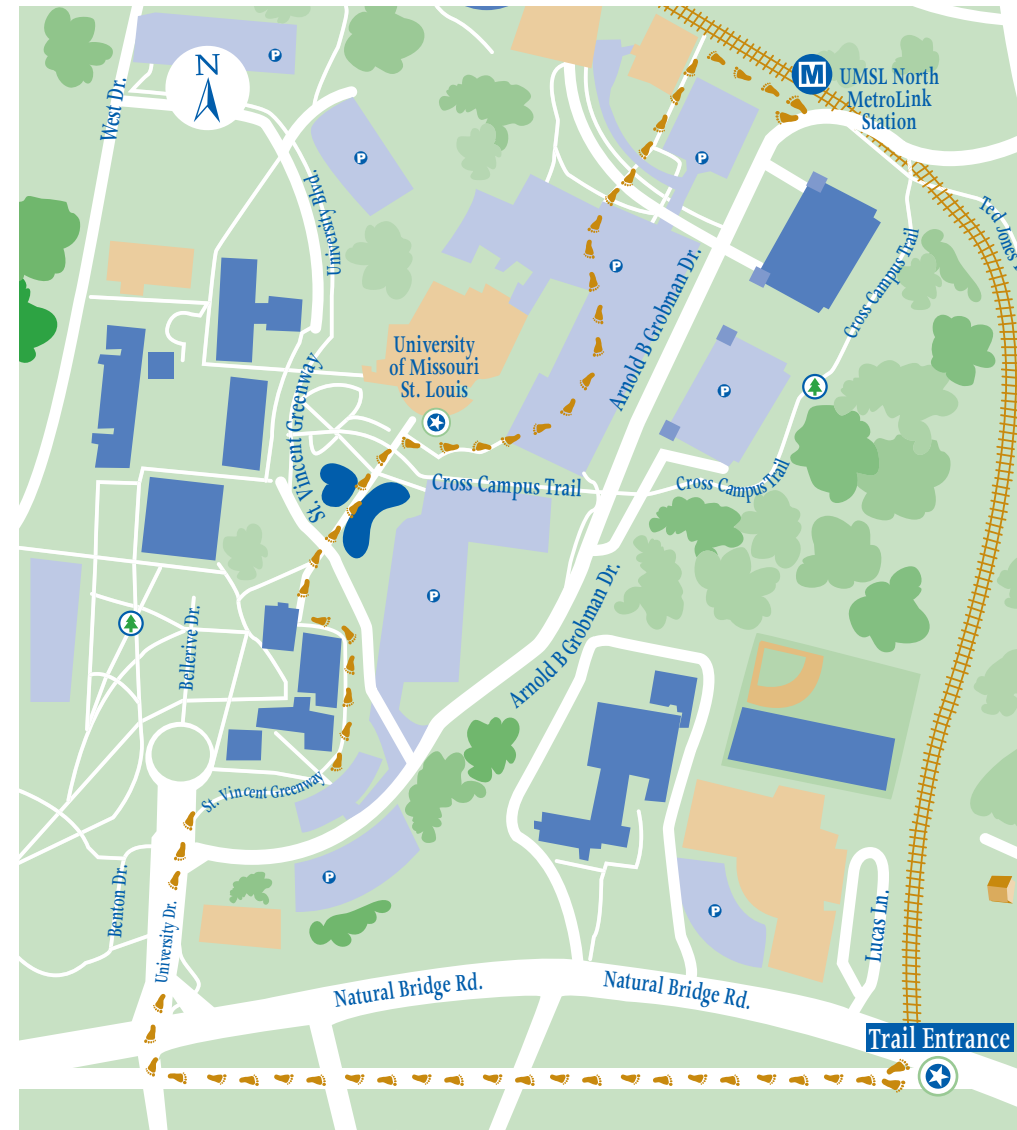
### Surface:

- Asphalt
- Best for: Biking, Walking & Running

### Walk Highlights

- Gallery Art Museum
- The UMSL Student Center
- Touhill Performing Arts Center

You can also access the UMSL South MetroLink Station and the Rock Road MetroLink stations from different points on this trail. All stations are .5 mile or closer to the trails with varying levels of walkability.



# River des Peres Trail

Distance to Trail: Directly across Lansdowne

The River Des Peres Trail is approximately four miles of trails between Gravois and Lansdowne along the River Des Peres with two dedicated pedestrian bridges. The project connects the River des Peres Greenway to Carondelet Park via a trail on the Christy Greenway in south St. Louis City.

The River des Peres Greenway Trail is a beautiful trail lined with grass and trees and effectively provides a nice, green, peaceful walk. It is a popular trail for recreation and commuting with a stop at the River Des Peres Park with benches and a playground.

### Directions:

- Board MetroLink to Shrewsbury Station.
- Head south across Lansdowne to trail head.
- Walk south on trail along the River Des Peres.
- To return to the MetroLink, retrace your steps along the trail.

Total Length of the Trail: 4 Miles

- Surface: Asphalt
- Best for: Biking, Walking & Running
- Restrooms

### Walk Highlights

- River Des Peres Park
- Access to Ted Drewes via Chippewa

Walk to River Des Peres Park, .9 miles, 18 minutes.

